



“To attain spiritual enlightenment and become a person of recollected interior life, you should take one or the other of holy Scripture and, for as long a period as possible, concentrate on that alone all your power of attention and meditation; then the light of understanding will be revealed to you.” **The Way of a Pilgrim**, Billy, pg. 150

Statement of Intention for Centering Prayer

Father, Son and Holy Spirit,
Creator, Redeemer and Sanctifier,
alive at the center of our being, we
wish to surrender in love to You.
May our sacred word,

which we will gently pray
when we engage with our thoughts,
be a sign and symbol of our intention to
consent to Your Divine Presence
And Action within.

Readings for Sunday, August 10, 2008

Reading 1 (1 Kgs 19:9a, 11-13a)

At the mountain of God, Horeb,
Elijah came to a cave where he took shelter.
Then the LORD said to him,
“Go outside and stand on the mountain before the LORD;
the LORD will be passing by.”
A strong and heavy wind was rending the mountains
and crushing rocks before the LORD—
but the LORD was not in the wind.
After the wind there was an earthquake—
but the LORD was not in the earthquake.
After the earthquake there was fire—
but the LORD was not in the fire.
After the fire there was a tiny whispering sound.
When he heard this,
Elijah hid his face in his cloak
and went and stood at the entrance of the cave.

Responsorial Psalm (Ps 85:9, 10, 11-12, 13-14)

R. Lord, let us see your kindness, and grant us your salvation.

I will hear what God proclaims;
the LORD — for he proclaims peace.
Near indeed is his salvation to those who fear him,
glory dwelling in our land.

R.

Kindness and truth shall meet;
justice and peace shall kiss.
Truth shall spring out of the earth,
and justice shall look down from heaven.

R.

The LORD himself will give his benefits;
our land shall yield its increase.
Justice shall walk before him,
and prepare the way of his steps.

R.

Reading II (Rom 9:1-5)

Brothers and sisters:
I speak the truth in Christ, I do not lie; my conscience joins
with the Holy Spirit in bearing me witness that I have great

sorrow and constant anguish in my heart.
For I could wish that I myself were accursed and cut off
from Christ for the sake of my own people, my kindred
according to the flesh. They are Israelites; theirs the
adoption, the glory, the covenants, the giving of the law,
the worship, and the promises; theirs the patriarchs, and
from them, according to the flesh, is the Christ, who is
over all, God blessed forever. Amen.

Gospel (Mt 14:22-33)

After he had fed the people, Jesus made the disciples get
into a boat and precede him to the other side, while he
dismissed the crowds. After doing so, he went up on the
mountain by himself to pray. When it was evening he was
there alone.
Meanwhile the boat, already a few miles offshore, was
being tossed about by the waves, for the wind was against
it. During the fourth watch of the night, he came toward
them walking on the sea. When the disciples saw him
walking on the sea they were terrified.
“It is a ghost,” they said, and they cried out in fear.
At once Jesus spoke to them, “Take courage, it is I; do not
be afraid.”
Peter said to him in reply, “Lord, if it is you, command me
to come to you on the water.”
He said, “Come.”
Peter got out of the boat and began to walk on the water
toward Jesus. But when he saw how strong the wind was
he became frightened; and, beginning to sink, he cried out,
“Lord, save me!”
Immediately Jesus stretched out his hand and caught Peter,
and said to him, “O you of little faith, why did you doubt?”
After they got into the boat, the wind died down.
Those who were in the boat did him homage, saying,
“Truly, you are the Son of God.”

