



**Psalm 119** Nan Merrill

**L-** O, how I love your friendship!  
I walk with You wherever I go.  
Your Love is the life-giving force  
Of Creation,  
Imbue us with your living rays  
Of peace and joy.

**R-** For, as we surrender ourselves to  
Your living Presence,  
We will be filled with the radiance of Love.  
As we open our hearts to the spiritual  
Life,  
We will be filled with wisdom and freedom,  
ready to serve.

**L-** O, how glorious are the ways of the Spirit!  
How wondrous are your Works!  
The path of love is sure, unhurried  
And filled with mystery.

**R-** How sweet are your words to my taste,  
Sweeter than honey to my mouth!  
Through your Mind I receive understanding;  
I no longer take pleasure in my  
Former ways.

**L-** Yes, your Truth is a lamp to my feet  
And a light to my path.  
You give me strength as I descend into the inner  
sanctum,  
To uncover the hidden blessings,  
To seek the treasures of the Spirit.

**R-** When I am filled with fear,  
I meditate upon your Light.  
I yearn to have every doubt and fear  
Quelled and transformed;  
O Heart of all hearts, bless me with your healing  
Light,  
That I may be a loving presence.

**L-** Though the ignorant lay snares for me,  
Let me not stray from You.

Your Word is my heritage forever;  
Yes, it is the joy of my heart.  
I shall open my heart's ear to converse  
With You  
Forever, to the end.

**R-** When I meditate upon your Light,  
My heart opens with compassion for all life.

**Gospel** *Mk 4:21-25*

Jesus said to his disciples,  
“Is a lamp brought in to be placed under a bushel  
basket  
or under a bed,  
and not to be placed on a lampstand?  
For there is nothing hidden except to be made visible;  
nothing is secret except to come to light.  
Anyone who has ears to hear ought to hear.”  
He also told them, “Take care what you hear.  
The measure with which you measure will be  
measured out to you,  
and still more will be given to you.  
To the one who has, more will be given;  
from the one who has not, even what he has will be  
taken away.

**INTERCESSIONS**

To God whose gift to us is the word of life, we pray:  
Your word, O Lord, is spirit and life!

For the word of creation, we praise you, O God:  
-teach us to reverence all that your word has brought  
into being.

For the word of salvation, we praise you, O God:  
-teach us to work for the salvation of all whom you  
will to save.

For the word of life, we praise you, O God:  
-teach us to live according to your word.





## Meditation of the Day

### The Fruitfulness of the Word

The Word of God conceived from eternity in the paternal intellect is the primordial word, of which Sirach 1:5 speaks: “The word of God on high is the fountain of wisdom.” And because it is primordial, therefore from it are derived all other words, which are nothing other than certain conceptions expressed in the mind of an angel, or in our mind. Wherefore, that word is an expression of all words, as a certain fountain. And those words, which are said of that word, are in a certain manner accommodated to other words, according to their own mode.

Concerning that word it is said, moreover, that it is living. However, a thing is called living as long as it has its own motion and operation. For just as a fountain gushing forth is called living, so also the word which has perpetual vigor. Psalm 119: “Forever, O Lord, thy word standeth firm in heaven.” John 5:26 “For as the Father has life in himself, so he hath given to the Son also to have life in himself.”

Or it is able to be referred to Christ’s human nature. For he is living, although he was reputed dead by others, because since he rose again he dies now no more. Revelation 1:18: “And I am alive, and was dead, and behold I am living forever.” Similarly, the word of Scripture is living and unailing. Romans 9:6: “Not as though the word of God hath miscarried.”

The Word is called effectual, moreover, on account of the maximum strength and infinite effective force which it has. For through itself all things were made, as it says in John 1:3 and Psalm 32:6; “By the word of the Lord the heavens were established.” Likewise it is effectual, because from the Word Itself all words coming forth from God, by the mediation of angel or man, have efficacy. Ecclesiastes 8:4: “And his word is full of power.” Isaiah 55:11: “So shall my word be, which shall go forth from my mouth: it shall not return to me void, but it shall do whatsoever I please, and shall prosper in the things for which I sent it.” Thomas Aquinas

